



FLITEWAY

SUMMER 2026 THE NEXT LEVEL

ARE YOU READY
To Push Your Limits

North Edmonton's Place To Skate



CASTLE DOWNS ARENA

JUNE 30TH TO AUGUST 14TH

SINGLES & PAIRS

PODIUM PATHWAY & STARSKATE



CONTACT US



Website
fliteway.ca



Email
infofliteway@gmail.com

Fliteway Summer Skating *Camps*

Skating Towards Excellence!

Get ready for an unforgettable summer of skating! In addition to working with our nationally renowned coaching staff, skaters will have the opportunity to learn from our consulting team of former World and Olympic-level skaters and coaches.

Friday Focus: Performance & Simulation

Fridays will focus on performance, with 1 hour dedicated to simulations. Competitive skaters will collaborate with a Technical Specialist to maximize spin and footwork levels. Skaters will also receive feedback on their component marks from highly respected local judges. In-class lectures include yearly planning, competition preparation, performance review, jump analysis, and mental training.

Edges, Turns, and Stroking

Daily stroking sessions will focus on edge/turn development and endurance.

Off-Ice Training

Classes will focus on jump technique, rotational development, strength, and flexibility. Most classes will be outside (weather permitting).

Summer Pair Program

We are thrilled to offer an exceptional Pairs Program again this summer. Skaters will have the unique opportunity to work directly with Olympic Champion Ekaterina Gordeeva.

Fun Days

Thursdays (Theme Days) - Prizes

Independent Warm-up

All skaters will be expected to arrive 25 minutes before their on-ice session to do an independent off-ice warm-up!

Castle Downs Arena

11520 153 Ave. NW, Edmonton, Alberta

-NOTE: Week 1 will be held at Clareview Recreational Centre

Harness

Pole Harness & Off-ice Harness lessons available upon request

Partnering

Tophie Davies (STAR 6 to Gold, including Diamond Dance levels)

Coaching

Please visit our website for a full list of our coaching staff.

Schedule (June 30th, July 2nd, 3rd) Clareview Recreation Centre

SENIOR	INTERMEDIATE	JUNIOR	PAIR ACADEMY
Tuesday & Thursday 11:30-12:15pm FS 12:30-1:15pm FS 1:15-1:30pm Spins 1:45-2:15pm Stroking 2:30-3:00pm Off-ice	Tuesday & Thursday 1:30-2:00pm Off-ice 2:15-2:45pm Stroking 3:00-3:45pm FS 3:45-4:00pm Spins 4:15-5:00pm FS	Tuesday to Thursday 4:15-4:45pm Off-ice 5:00-5:30pm Stroking 5:30-5:45pm Spins 5:45-6:30pm FS	Tuesday 10:15-11:15am
Friday 8:30-9:00am Sims 9:00-9:45am FS 9:45-10:15am Stroking	Friday 10:30-11:00am Sims 11:00-11:15am Stroking 11:15-12:00pm FS	Friday 11:00-11:15am Stroking 11:15-12:00pm FS	
FS=Freestyle / Sims=Simulations			

Schedule (July 6th to August 7th) Castle Downs Arena

SENIOR	INTERMEDIATE	JUNIOR	PAIR ACADEMY
Monday to Thursday 12:30-1:15pm FS 1:15-1:30pm Spins 1:45-2:30pm FS 2:30-2:45pm Stroking 3:00-3:30pm Off-ice	Monday to Thursday 2:15-2:45pm Off-ice 3:00-4:00pm FS 4:15-4:30pm Spins 4:30-5:00pm Stroking	Monday to Thursday 4:15-4:30pm Spins 4:30-5:00pm Stroking 5:00-5:45pm FS 6:00-6:30pm Off-ice	Monday/Tuesday/Thursday 10:45-11:15am Off-ice Lifts 11:30-12:30pm On-ice
Fridays 8:30-9:00am Sims 9:00-9:45am FS 9:45-10:15am Stroking 10:30-11:00am In-class	Fridays 9:45-10:15am In-class 10:30-11:00am Sims 11:00-11:15am Stroking 11:15-12:00pm FS	Fridays 11:00-11:15am Stroking 11:15-12:00pm FS	Wednesdays (July Only) 9:30-10:00am Lifts Off-ice 10:15-11:15am On-ice 11:30-12:30pm On-ice
FS=Freestyle / Sims=Simulations			

WEEKS	DATES	DAYS	JUNIOR	INT	SENIOR	PAIRS
Week #1	June 30, July 2,3	3 Days	\$51	\$63	\$72	\$5
Week #2	July 6,7,8,9,10	5 Days	\$85	\$105	\$120	\$10
Week #3	July 13,14,15,16,17	5 Days	\$85	\$105	\$120	\$10
Week #4	July 20,21,22,23,24	5 Days	\$85	\$105	\$120	\$10
Week #5	July 27, 28,29,30,31	5 Days	\$85	\$105	\$120	\$10
Week #6	Aug 4,5,6,7	4 Days	\$68	\$84	\$96	\$10
Extended	Aug. 10,11,12,13	4 Days		\$55	\$55	\$5

TEST DAY FRIDAY, AUGUST 14

Extended Summer Camp (Aug 10,11,12,13,14) Castle Downs Arena

Monday to Thursday 9:00-11:15am Open to Senior/Intermediate Skaters Tuesday & Thursday 8:00-9:00am Pairs	TEST DAY Friday, August 14 8:30am to 12:45pm
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SKATING LEVELS (JUNIOR/INTERMEDIATE/SENIOR)

Skaters will be placed according to age and competitive level by the Coaching Director, Clyde Hammer

SENIOR	INTERMEDIATE	JUNIOR
Juvenile to Senior Competitive STAR 8 to Gold	STAR 4,5,6,7 Pre-Juvenile	STAR 1 to 3

REGISTRATION

- Register online or in person during office hours

FULL SUMMER PACKAGE DISCOUNT

- Book all 6 weeks and receive the Extended Summer for **FREE!!** Register for the **FULL SUMMER PACKAGE**
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Summer Competitions

Wildrose: July 31st to August 4th (Leduc, AB)

STAR 4 to Gold & Podium Pathway

BC Summer Series: August 13th to 16th (Burnaby, BC)

STAR 1 to Gold & Podium Pathway

In-Class Lectures

July 10th Yearly Planning

July 17th Competition Planning

July 24th Mental Training (Goal Setting)

July 31st Performance Review

August 7th TBA

Thursday Themes

July 9th The Aliens Are Coming

July 16th Dancing Through The Ages

July 23rd "Say What" Clash Day

July 30th Christmas In July

August 6th TBA

Skater Expectations

Skaters are expected to arrive on time for all sessions. Summer provides an excellent opportunity for growth and improvement, and athletes are encouraged to take full advantage of this time. Skaters should remain active, engaged, and focused on their individual goals throughout each session.

Reminders

Running shoes and athletic clothing for off-ice classes

Healthy snacks, water bottle

Office Manager: Michelle infofliteway@gmail.com / **Coaching Director:** Clyde Hammer hammerclyde@gmail.com
